



HERITAGE  
International School



# THE INTERNATIONAL HERITAGE HERALD

January 14, 2022



## GENERAL

### *Thought for the week:*

*“And now let us believe in a long year that is given to us, new, untouched, full of things that have never been.” - Rainer Maria Rilke*

## **Director's weekly notes- "The view from Dacia Boulevard"**

Welcome back to a new semester and a new year. We all want a more hopeful 2022 and the first week back in school certainly got off to a flying start as we welcomed new and old faces through the gates on very cold but sunny mornings this week. My Gymnasium assembly this week focused on making resolutions and plans for the new year to reflect and have aims in our lives to focus forward. This semester is crucial for so many older students in their final year of primary or preparing for iGCSEs or national exams as well as for our 1st cohort of the Lyceum studying hard as they approach their Cambridge summer AS exams. These students are now also preparing for their university applications abroad and here in Moldova. This is a really exciting time for the school as we approach our 5th anniversary and this week we put our final comments on the plans for the new Lyceum building which we start construction on this new development of the campus in March.



The news over Christmas around the new variant impacting countries wasn't good and we know the first confirmed cases of the omicron variant have been confirmed in Moldova this week. It is astonishing to think that we have been in this pandemic for 2 years now and in that time we have continued to respond and adapt to every challenge this has thrown at us. I am extremely proud of how our school community has worked together to ensure we give all students the certainty and education that will see them safely through this extraordinary moment of World history in the 2020s. Definitely a few stories for future grandchildren. We shared our statistics from semester 1 in the last IHH newsletter and it demonstrates the effectiveness of our strategy in 2021-22 and what can be achieved with everyone playing their part. Our school culture around masks, distance and hygiene is very well established and much as we want the day when we don't have to see these measures in school, we know the story of 2022, at least as far as the pandemic is concerned, will be to keep these measures and focus on keeping students in physical school. The support of our entire community here is crucial. I had my booster jab in the UK in December and staff are now receiving theirs as well to ensure we are protected and as safe as we can be against Covid.



I was really pleased to see over the break our school continues to make headlines in educational arenas nationally and around the World. There are links here in the IHH to some of these stories that celebrate, share and showcase the fantastic work that goes on at Heritage every day. I worked with a number of school leaders in the UK and globally in December and early January and I was very proud to discuss our school's story and share how we have continued to keep our positive school culture and outward facing mindset, especially these past 2 years, as we continue to create unique, innovative and engaging transformative learning opportunities and moments for all students. This semester will continue in the same form and we will continue to share with our community our news here and on our social media.

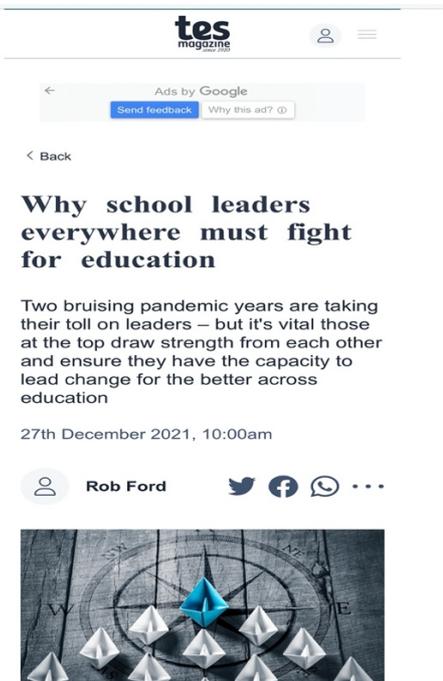
I wish you and your families a hopeful and prosperous 2022 and thank you for your support of me and the school. It is very appreciated.

Rob Ford  
Director



### Heritage in the Wider World:

- TES article from Director, Rob Ford; Why school leaders everywhere must fight for education. Two bruising pandemic years are taking their toll on leaders – but it's vital those at the top draw strength from each other and ensure they have the capacity to lead change for the better across education: <https://www.tes.com/magazine/leadership/strategy/why-school-leaders-everywhere-must-fight-education>



**COBIS** Council of British International Scho...  
@COBISorg

"The COBIS Black Sea schools network is invaluable to me and my team in Moldova for the support it gives." Have a read of this article from Rob Ford, Director of @HIS\_Moldova on how school leaders can come together to improve education for all:



-Head of Global Education and Hybrid Learning Coordinator Tatiana Popa speaking at the global British Council Schools conference 26th January

<https://www.britishcouncil.org/education/schools/education-exchange-digital-events/embedding-resilience>

**British Council Schools**  
@Schools\_British

Join our free Education Exchange webinar on 26 January with Christina Tettonis @BKemasuode @Tatianapopab and Jonathan Dando as they celebrate the resilience shown by school communities in continuing to respond to the challenges of Covid-19. Register: [bit.ly/3f0yzTS](https://bit.ly/3f0yzTS)



- TES-COBIS article: How the pandemic is reshaping international education New data from COBIS, seen exclusively by Tes, reveals the new ways of working that international schools intend to keep in any post-pandemic world – and the challenges they still face. Heritage contributed to this article, alongside with other international schools:

<https://www.tes.com/magazine/analysis/specialist-sector/how-pandemic-reshaping-international-education>



'It shows schools can always find ways to improve the learning opportunities for children'. A new @COBISorg report reveals how the pandemic is reshaping international education. Insights from @COBIS\_CEO, @LizAMFree, @MrSallisTenby, @NAISNY and @HIS\_Moldova



tes.com  
How the pandemic is reshaping international education

No images? [Click here](#)

**COBIS** Council of British International Schools

## HEADLINES

### International Education

**How the pandemic is reshaping international education**

Virtual parent meetings, remote recruitment strategies and greater use of technology to boost learning are just some of the ways of working that international schools expect to remain after the pandemic, according to the **COBIS Annual Research Survey** launched today.

[Read more here](#)

**Why school leaders everywhere must fight for education**

As the pandemic continues into a third year, it is now more important than ever that school leaders come together to improve education for all, writes Rob Ford, Director of Heritage International School, Moldova.

[Read more here](#)

**THE PIE NEWS**

- Heritage International School features in the January 2022 edition of "Education Today" magazine and our work in Sustainability learning in the IPC (p14):

<https://content.yudu.com/web/69r/OAiy7k/EducationJan22/html/index.html?page=14&origin=reader>

**JANUARY 2022**  
**Education today**

Parents Booking  
parents-booking.com  
FREE DELIVERY ON ALL ORDERS

Can you confidently assess the maths' ability of each student?  
Would you like to improve maths' attainment in your school?  
Is the idea of reducing teacher workload and increasing teacher capacity appealing?

Email [info@whizz.com](mailto:info@whizz.com) to learn more about the benefits of partnering with **Whizz Education**

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Maths-Whizz

Fieldwork Education @FW\_Education

We are featured on page 14 celebrating @HIS\_Moldova efforts for teaching #sustainable living skills through @The\_IPC! #edutwitter #learn #global

**Education Today @EdTodayMag · 4h**

The latest issue of @EdTodayMag is out now, packed with news, views and features from the UK education sector - a huge thanks as always to all our contributors, advertisers and of course our lovely cover stars @Whizz\_Education. Enjoy the issue! [content.yudu.com/web/69r/OAiy7k...](https://content.yudu.com/web/69r/OAiy7k...)

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**BESA CORNER**

This month, in our ongoing feature highlighting the work of members of the UK education suppliers' trade body BESA, we hear from **FIELDWORK EDUCATION**.

**Fieldwork Education: teaching our children the importance of living in a sustainable world**

As we venture into the new year it's important that last year's successes surrounding climate change is not forgotten. Looking ahead in 2022, we must continue to bring forth the urgency of caring for the environment amongst our younger learners. Although it is an important aspect of learning for children, education are faced with pressure amongst subject packed curriculum and teaching in a way that ensures students receive top grades in exam settings. The focus, however, must remain on providing learning that is delivered in a creative and comprehensive form.

A recent accomplishment from one of our international Primary Curriculum schools has sparked an exciting journey into the world of implementing climate change actions both in the classroom and outside.

Heritage International School in Moldova won the Climate Action Project's School of Excellence award in November 2021 for exploring the causes and effects of climate change and helping their students understand what steps we can all take to create climate solutions.

In the words of Tiana Prica, Head of Global Education, Hybrid Learning Coordinator, Teacher Trainer, Global Teacher Award 2021 winner and Inga Cofanescu, IPC Coordinator and English Teacher, hear about their climate journey using the International Primary Curriculum to facilitate global learning.

Delivering the best opportunities  
Heritage International School is an institution where educational programmes get beautifully intertwined to deliver the best opportunities to our students. We aim to develop the whole child here that will become a responsible citizen of the world, have a global view and will thrive in a diverse, cultural, and sustainable world.

Bringing the Climate Action Project and IPC together  
Last year we saw a presentation on the Climate Action Project, and we realised that it fit like a glove, and we would have the chance to participate with other schools from more than 140 countries, an impressive number. This shows that climate change is a global problem, and we must all come together to solve it. The learning objectives of the IPC, and those of the Climate Action Project are very similar and are all the same purpose: to raise awareness of the global problem, bring into school's real-life situations and make students identify solutions. Therefore, there were no difficulties in integrating the proposed activities during the project into our classes.

The students found identifying the causes and effects of climate change much more interesting and surprising which meant it created higher impact on their awareness, because they were getting acquainted with the answers given by children from all around the world. They were able to see that the causes, definitions, effects, and solutions are similar, and they complemented each other no matter where you are from.

Developing creative learning skills  
As teachers we help students understand the world in which they live, grow, and develop as personalities. We cannot detach kids from what is happening around us and them, just because they are too young, as these are issues that they will also one day face. We must teach children to be aware of what happens to the climate is a common problem of all mankind, regardless of age, nationality, religion, etc.

Winning the Climate Action Project School of Excellence award  
After two years of hard work in the Climate Action Project, the Heritage community was selected among 250 schools in the entire world to receive the title of Climate Action Project School of Excellence. With 2.2 million students and teachers in the project, our hard work paid off and our commitment to make the world a better place for everyone continues.

<https://fieldworkeducation.com/news/2022/Heritage-International-school-wins-the-school-of-excellence-award>

14 [www.education-today.co.uk](http://www.education-today.co.uk) January 2022

## Heritage Globe

If you haven't already, be sure to check out the most recent edition of the [Heritage Globe](#). You'll find Haikus in the Literary Corner, Christmas card art in the Arts Corner, articles about winter holidays, and more.



## Articles of interest:



### What comes next in 2022?

Rob Ford

1 week ago



"Let us not return to what was normal but reach towards what is next." Amanda Gorman

The lesson of the 2020s so far has been not to look too far ahead, not to expect too much and to maybe stop using the word "normal" for the time being. The 2020s



- "Mail from Moldova", Director, Rob Ford's latest blog looking at the new year ahead: What comes next in 2022? "Let us not return to what was normal but reach towards what is next." Amanda Gorman. The lesson of the 2020s so far has been not to look too far ahead, not to expect too much and to maybe stop using the word "normal" for the time being. The 2020s have also been about showing the World the fragility of our humanity as well as both its best and worst sides as we enter the third year of the pandemic. Whatever Dr Tedros of the WHO says about 2022 being the year we beat Covid, we all raised our glasses on New Year's Eve still hoping for the best but planning for the worst:

<https://mailfrommoldova.home.blog/2022/01/02/what-comes-next-in-2022/>

- ChildAid: Esther House, Moldova. Esther House in rural Moldova is a day centre for children aged 5-15 who are at risk. They are from poor families, often left with relatives or neighbours when parents work abroad; are in single parent families; or from families where there is alcohol abuse and violence. The Centre is open five days a week and children

arrive after school from 1pm onwards. It is also open during school holidays. It supports 70 children - with 20-25 typically attending each day: <https://www.childaidee.org.uk/Appeal/esther-house-moldova>

- Heroes of 2021: People Who Made a Difference in Eastern Europe: <https://balkaninsight.com/2021/12/24/heroes-of-2021-people-who-made-a-difference/>

- Leadership Lessons From The Happiest Place In The World; Forbes Magazine: <https://www.forbes.com/sites/jackkelly/2022/01/04/leadership-lessons-from-the-happiest-place-in-the-world/>

- Don't Look Up Has a Lot to Say About Climate Change | Time: <https://time.com/6130686/dont-look-up-climate-change/>

- *Holidays in Soviet sanatoriums: the weird and wonderful wellness palaces of the USSR* — *The Calvert Journal*:

<https://www.calvertjournal.com/features/show/9100/holidays-in-soviet-sanatoriums-ussr-tourism-photography>

- *What to read in 2022? 10 new books from Eastern Europe to look forward to:*

<https://www.calvertjournal.com/features/show/13383/memoirs-novels-and-poetry-from-eastern-europe-to-look-forward-to-in-2022>

- *Wordle creator overwhelmed by global success of hit puzzle:*

<https://www.theguardian.com/games/2022/jan/11/wordle-creator-overwhelmed-by-global-success-of-hit-puzzle>

### **Heritage Primary:**

*2B students at their English lesson giving peer feedback to each other while learning measurements.*



*This week at Cambridge English lesson 5E studied instructions and applied their knowledge in practice. They learned how to grow salt crystals and will check back regularly to see if salt crystals have grown on the string.*



*This week 6E students made modelling plaster. This lesson was linked to measurement. Students had to first convert the units of measurement from kilograms to grams and litres to millilitres. Then, using a range of equipment, students had to follow the instructions measuring the correct amount for each ingredient to create the modelling plaster. Students then used their plaster to roll snakes to the correct given length, first estimating, then measuring the length and converting it from centimetres to millimetres. The modelling plaster will be used in many fun lessons to come*



*History lesson in 4A*



*The Media Literacy Competition started for students from the Heritage community. Primary school students have read the conditions for participation. Everyone is curious and willing to participate.*



*4B started their second semester with construction of the geodesic dome in IPC lessons. Learning is fun!*





*Birth anniversary of Mihai Eminescu celebrated on January 15. 1A students paid tribute to him by performing the song "Sleepy birds", they also learned a new rhythmic exercise.*



*Grade 2 are really excited to get to play the bells this week, they performed simple bell songs and did great job!*



*If you believe that mathematics is difficult, then 2nd graders will disagree. Learning through play is an easy way to learn multiplication.*



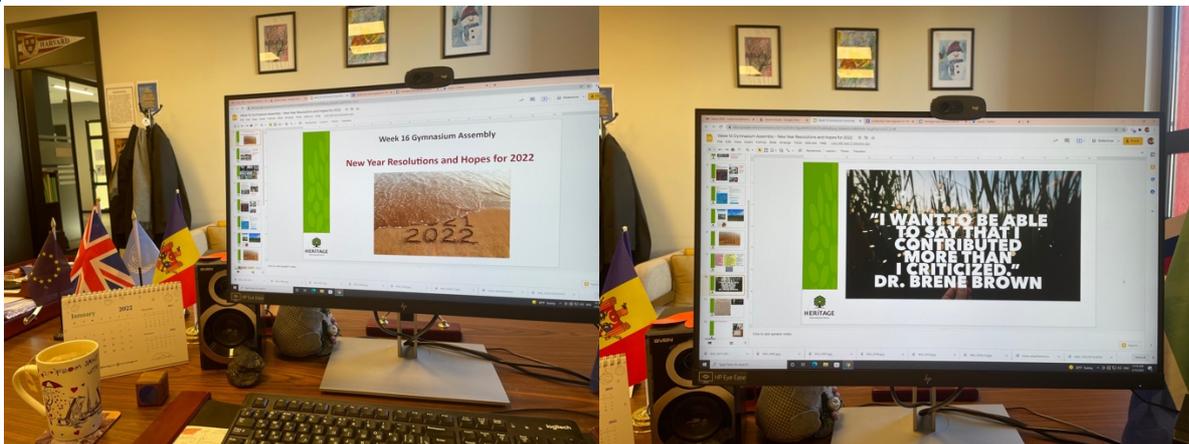
2A and 2B students celebrated the beginning of the new year thanking for life, for everything around us and those who help and support us



**Heritage Secondary:**

Students who self-identify as multilingual perform better at GCSE:

<https://www.cam.ac.uk/research/news/students-who-self-identify-as-multilingual-perform-better-at-gcse>



## Heritage Lyceum:



A warm welcome back to all of our students.

Our Lyceum students have started the semester strong, preparing for their mock exams this month. Due to a positive COVID case, our Lyceum students are required to work exclusively online for the next week but the work ethic and pace of learning will stay as strong as ever.

I would like to remind students and parents that Unifrog is a valuable resource created for students to explore various career options and university courses. All of our Lyceum students have access and should use the platform regularly to complete set tasks as well as independent research.

Upcoming events:

- Study Meet UK; Save 8-12 February on your calendars! Join us for a great journey of getting to know more than 28 UK universities with the Study UK online fair:

<https://study-uk-events-we.britishcouncil.org/>

Students and parents are also invited to follow this link in order to explore the benefits of studying Cambridge A-Levels when applying to university in America or Canada:

<https://blog.cambridgeinternational.org/international-students-get-credit-to-us-universities-too/>

International students get credit to US universities too - Cambridge Assessment International Education

<https://blog.cambridgeinternational.org/international-students-get-credit-to-us-universities-too/>

Using your Cambridge qualifications to study at university

<https://youtu.be/XcL9zRkE1gs>

## Global education:

Heritage students started the 2nd semester in a very global mood - several members of the Secondary Student Council took part in the Global School Alliance meeting for the Secondary Student Council members. They explored the topic of Food Waste, presented facts and solutions, but also spoke about the reality they live in their respective countries and schools. The meeting was moderated by the President of the GSA Student Council, Malea Wang from Cambodia, and the participants were students from countries like the United Kingdom, Cambodia, Turkey, India, Malaysia and more. They put together a project plan which students are to complete till the next meeting in March and



their final conference will be held in May.



The Goals Project 2022 is about to be launched on January 24th in more than 100 countries around the world. Thousands of classrooms of different ages, from grade 1 to 12, join this project, exploring one SDG and collaborating with students from other countries. Heritage International School participated in this global project last year as well. One of our teachers is a facilitator for educators from different countries.

Today we received a calendar and illustrations made by 2nd graders from Folkestone St Marys School's eTwinning Partners. We enjoy our two-year collaboration with their teacher, Colette Cotton, eTwinning and British Council Ambassador. ETwinning projects bring us closer and show us that education has no borders.



## Responsible Digital Citizenship corner

The online world is posing an ever-increasing risk to children, and it is important that schools, parents and carers work together to take an active role in teaching children about online dangers. Learning how to act safely when using the internet is an incredibly important part of safeguarding our children.

We are therefore delighted to announce that we, at Heritage International School, have shown our commitment to protecting our pupils online by working with National Online Safety - providing resources for all parents and carers.

The resources include Parents & Carers courses, online video resources and weekly guides covering a huge range of topics, including:

- Online Relationships
- Fake Profiles & Social Bots
- Online Bullying
- Online Grooming
- Child Sexual Exploitation
- Sexual Harassment & Violence
- Sexting
- Live Streaming
- Online Identity
- Screen Addiction
- Online Challenges
- Overspending
- Social Media Platforms
- Online Gambling
- Radicalisation, Terrorism & Extremism
- Age Inappropriate Content
- Copyright & Ownership
- Hacking
- Fake News
- Online Fraud
- Online Reputation
- Personal Data
- Pornography
- Targeted Adverts & Pop-Ups
- The Dark Web
- Games & Trends

All National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

**NOS National Online Safety**  
#WakeUpWednesday

# REMOTE EDUCATION 10 TOP TIPS FOR PARENTS

Remote education ensures continuous learning outside the classroom. For parents and carers, remote education isn't always straightforward and there can be a number of factors they need to consider, especially around ensuring their children feel comfortable and are familiar with the whole concept. That's why we've created this guide to help parents and carers support their child in getting the most out of their remote education experience.

- 1. TAKE AN ACTIVE INTEREST IN YOUR CHILD'S LEARNING**  
As a parent or carer, your school may have explained how remote education works already, but children may still need help. Take an active interest in their learning and help support them whenever they need a helping hand.
- 2. MONITOR YOUR CHILD'S COMMUNICATION AND ONLINE ACTIVITY**  
It's important to remind your child that despite being at home, the same level of behaviour and conduct exists as if they were at school. Encourage them to remain polite, remember their manners and not to post or send any negative comments just because they are behind a computer.
- 3. ESTABLISH A DAILY SCHEDULE AND ROUTINE**  
Working from home and trying to learn in a more casual setting that children might associate more with play and a degree of freedom might take a bit of getting used to. Try to stick to a daily routine and use the timetable/schedule that schools have sent home to help children keep on top of their daily learning.
- 4. ENCOURAGE SCREEN BREAKS AND PHYSICAL ACTIVITY AWAY FROM DEVICES**  
Remote learning will inevitably require more interaction with computers, laptops and tablets. Teachers will invariably advise on screen breaks; however, it doesn't hurt to keep a check on their time online or encourage them to get some fresh air/exercise.
- 5. ENSURE YOUR LEARNING DEVICE IS IN PUBLIC SPACE IN THE HOME**  
It's important to consider where your PC or laptop is placed if live video is being used. Try to keep the background neutral, with no personal information visible and move learning devices out of the bedroom as this could be deemed inappropriate.
- 6. IMPLEMENT SAFETY CONTROLS AND PRIVACY RESTRICTIONS ON APPS AND SOFTWARE**  
Dependent on how your school implements remote education, your child may be required to download certain software or apps. Whilst these are likely to be relatively safe to use, like any other new app or platform, parents should still implement safety controls as a precaution.
- 7. ENSURE YOUR CHILD ONLY USES OFFICIAL SCHOOL COMMUNICATION CHANNELS**  
It's important that all communication with teachers and school staff is directed through approved school channels, whether that be through the school's online portal or the relevant secure messaging site.
- 8. FAMILIARISE YOURSELF WITH RELEVANT SCHOOL POLICIES**  
Schools should have a policy on remote education that they can share with parents. Familiarise yourself with this and ensure you know what is expected of teachers and your child during lessons, both online and offline.
- 9. MAINTAIN FEEDBACK WITH TEACHERS**  
Engage in communication with teachers where possible, and try to feed back progress and development as well as any helpful suggestions around the learning process. Be transparent but remain professional and only use official channels to communicate.
- 10. MONITOR YOUR CHILD'S WELLBEING AND MENTAL HEALTH**  
Remote education will likely mean that your child won't get the same level of social interaction and might not see their friends for a while. Keep a check on their wellbeing and try to encourage them to get out as much as they can. Whilst learning from home might seem fun and exciting to start with, missing out on seeing their friends every day might take its toll.

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) Twitter - @natonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

Sources: Remote education good practice. DfE guidance. Safeguarding and remote education during coronavirus (COVID-19). DfE guidance. Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.11.2020

To create your account, please follow <https://nationalonlinesafety.com/enrol/heritage-international-school> and complete your details. When you're set up, you'll be able to set 'Parent/Carer' as your user type.

You can access National Online Safety online via any device- including via our brand-new smartphone app. To download the app, please go to:

<https://apps.apple.com/gb/app/national-online-safety/id1530342372>

<https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos>

Alternatively, search for 'National Online Safety' in the App Store/Google Play Store.

Answers to frequently asked questions and customer service can be accessed at <https://helpdesk.thenationalcollege.co.uk/helpcentre>.

### Heritage Creativity:



**Poetry Competition**  
**'Looking Ahead'**  
**Submission Deadline:**  
**2 February 2022**  
[cobis.org.uk/poetry](https://cobis.org.uk/poetry)



**Art Competition**  
**'Looking Ahead'**  
**Submission Deadline:**  
**23 February 2022**  
[cobis.org.uk/art](https://cobis.org.uk/art)  
ARTS UNIVERSITY BOURNEMOUTH



**Eco Film Awards**  
**Submission Deadline:**  
**10 March 2022**  
[cobis.org.uk/ecofilm](https://cobis.org.uk/ecofilm)



**The International Programming Olympiad "BalaTech"** for students will be held on 19 February 2022 in an online format.

<https://www.md.undp.org/content/moldova/en/home/presscenter/pressreleases/2022/the-international-programming-olympiad-balatech-with-free-partic.html> Estimated 50,000

schoolchildren from the CIS countries will take part in the event and compete for a prize fund of US\$10,000 in the form of:

- Laptops;
- Smartphones;
- Discount for studying in the UK Universities;
- Discount for studying in German Universities;
- Discount for studying in American universities;
- Trial entrance testing for free education in Italy;
- Discounts from 10% to 50% on studying at the Malaysian «University Asia Pacific University of Technology & Innovation».



REGISTER now on BalaTech ([www.balatech.org](http://www.balatech.org)), and/or share this wonderful opportunity with your network. More activities can be followed on [Instagram](#) by hashtags: #Balatech #UNDP #AcceleratorLab

The [United Nations Development Programme](#) is the official general partner and co-organizer, who is committed to providing accessible and inclusive digital education for the next generation to be ready for the future works! "BalaTech" is recognized by the UNDP "[Digital x Scale Accelerator](#)" as one of the ten most impactful digital solutions in 2021, with the generous support from the Government of Japan. Thanks to UNDP, BalaTech provides all learning contents and participation at the Olympiad 2022 for FREE for all children and youth.

[“BalaTech”](#) is a multilingual educational platform for children and youngsters to learn programming in an interactive way among peers. BalaTech makes learning experience fun and engaging through gamification. There are 10 learning modules with 175 challenge-based tasks that users can learn and play for FREE. For completed tasks, users receive their points to unlock the next level game with diverse virtual settings where they continue their learning adventure. With the help of UNDP “Digital X”, BalaTech has enhanced the user’s experience with a better UX design and learning algorithms. Moreover, the platform is designed to be gender sensitive to encourage more girls in learning programming. Anyone with a smartphone (not necessarily laptops) equipped with low-gadget basic internet can access the platform to learn and play from the beginning level. No prerequisite programming knowledge is required. Annually, BalaTech organizes the Olympiad to popularize programming learning among school students. The following entails the criteria and key messages of “BalaTech Olympiad” in 2022:

- Participants: Students of grades 5-11;
- Total estimated number of participants: 50,000 people;
- Participating countries: Commonwealth of Independent States (CIS) - Republic of Azerbaijan, Republic of Armenia, Republic of Belarus, Kyrgyz Republic, Republic of Kazakhstan, Republic of Moldova, Russian Federation, Republic of Tajikistan, Republic of Uzbekistan, Ukraine and others.
- Categorization of age groups: Junior group from 5 to 7 grades, Medium group from 8 to 9 grades, and the Senior group from 10 to 11 grades;
- The winners are awarded with Gold, Silver, and Bronze prizes in each age groups;
- The prize fund of the Olympiad is worth \$10,000 (these are laptops, smartphones, discounts in international universities);
- FREE learning content (10 learning modules with 175 general tasks and 137 additional difficult tasks) to get ready for the Olympiad;
- FREE participation at the Olympiad.

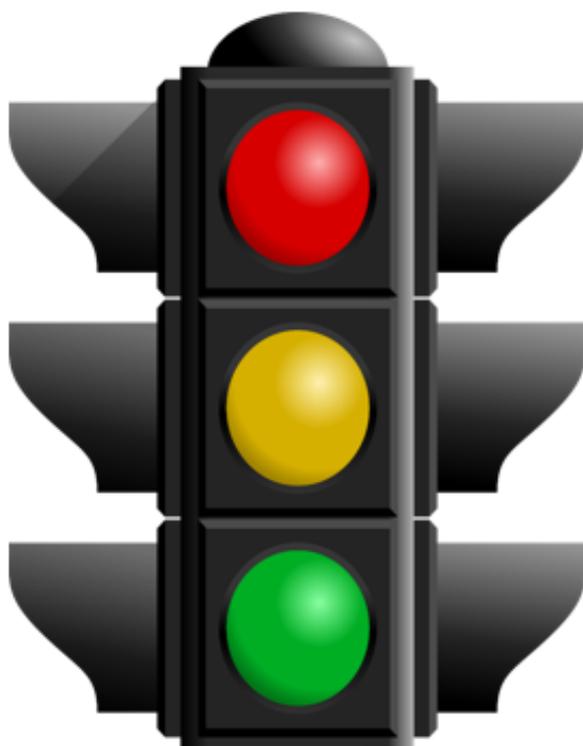
### Heritage Clubs:

Our students are looking forward to starting their favorite Craft club on Monday





# EVERY DAY MATTERS



## DID YOU KNOW?

- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

## CHRONICALLY OUT OF SCHOOL- 18 or More DAYS (10% OF SCHOOL YEAR)

- Excused and unexcused absences represent lost time in the classroom and lost opportunities to learn.
- Missing just one day every two weeks can add up to 18 days in a year.

## SATISFACTORY ATTENDANCE= 9 OR FEWER DAYS

- Students with good attendance generally achieve higher grades and enjoy school more.
- Children benefit and make the most of their educational opportunities if they attend school regularly and on time.

## WARNING SIGNS= 10 TO 17 DAYS

- Students who are absent an average of 15 days a year miss a year's worth of school before their senior year.
- When students miss a day of school, it actually puts them two days behind their classmates.

## *Useful information regarding communication with the school:*

*In case of questions on specific topics, please use the following email addresses:*

Academic/Secondary School [inga.chiosa@heritage.md](mailto:inga.chiosa@heritage.md)

Primary School: [larisa.mirza@heritage.md](mailto:larisa.mirza@heritage.md)

Hybrid Learning Coordinator: [tatiana.popa@heritage.md](mailto:tatiana.popa@heritage.md)

Pastoral Care and Safeguarding: [olesea.pletniiov@heritage.md](mailto:olesea.pletniiov@heritage.md)

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Head of Lyceum: [rose.moran@heritage.md](mailto:rose.moran@heritage.md)

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Governors: [governorsclerk@heritage.md](mailto:governorsclerk@heritage.md)

Director: [director@heritage.md](mailto:director@heritage.md)

Transportation service: [transport@heritage.md](mailto:transport@heritage.md)

Catering services: [meals@heritage.md](mailto:meals@heritage.md)

English language courses for children and adults: [language.academy@heritage.md](mailto:language.academy@heritage.md)

Summer Camp activities: [summer.school@heritage.md](mailto:summer.school@heritage.md)

Admission: [admission@heritage.md](mailto:admission@heritage.md)

[info@heritage.md](mailto:info@heritage.md) - for general questions or which do not fall into any of the above categories

As well as, kindly remind you that on the school website <https://www.heritage.md/en> there is a page now dedicated to parents of Heritage students - **Parents' Portal** (right button of the main menu). Access to the **Parents' Portal** is provided only to parents of Heritage school students (the password was communicated to parents via email)

### **COVID-19 measures:**

Below are presented legal requirements in conditions of epidemiological safety for the prevention of the disease with the virus SARS-CoV-2:

- **Order no. 1070 of 22.09.2021** "On the intensification of precautionary measures, prevention and epidemiological control in primary and secondary education institutions, cycle I and II" <https://chisinauedu.md/ordinul-nr-1070-din-22-04-2021/>
- Instructions regarding the measures for organizing the activity of the primary, gymnasium, high school educational institutions for the 2021-2022 academic year, in conditions of epidemiological safety for the prevention of the disease with the virus SARS-CoV-2, approved by **Decision Nr. 60 from 23.08.2021** [https://gov.md/sites/default/files/hotarare\\_cnesp\\_nr.60-redactat-ro.pdf](https://gov.md/sites/default/files/hotarare_cnesp_nr.60-redactat-ro.pdf)
- **Decision** of the Extraordinary Public Health Commission of Chisinau **No 42 from 25.08.2021** <https://chisinauedu.md/hotararea-cespmc-nr-42-din-25-08-2021/>
- **Decision** of the Extraordinary Public Health Commission of Chisinau **Nº 63 from 08.10.2021** [https://gov.md/sites/default/files/hotarirea\\_cnesp\\_nr.63\\_08.10.2021.pdf](https://gov.md/sites/default/files/hotarirea_cnesp_nr.63_08.10.2021.pdf)

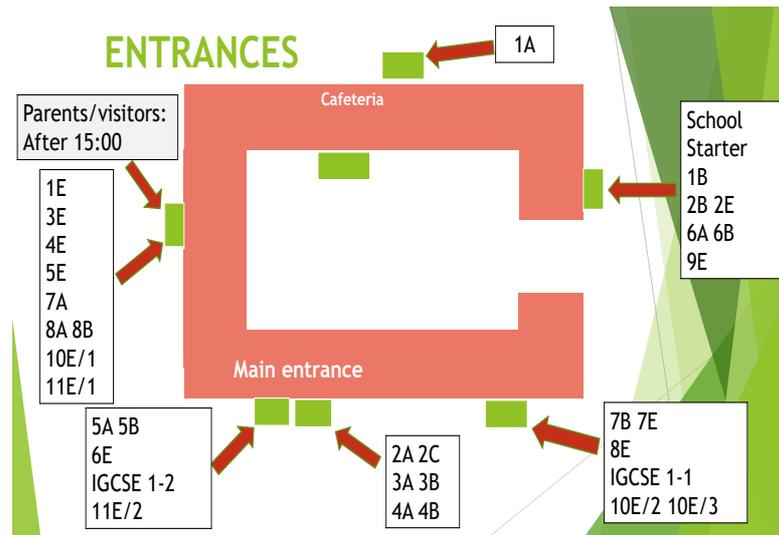
Due to Covid restrictions this academic year our school follows the rules according to the "**A safe return to physical school strategy and matrix 2021-2022**": <https://www.heritage.md/en/school/coronavirus-updates>

**IMPORTANT UPDATE:** according to the **Decision** of the Extraordinary Public Health Commission of Chisinau **Nº 63 from 08.10.2021**, in case of a class quarantine for 14 days, the return to classes with a physical presence can be resumed after the 7th day from the date of confirmation of the positive case for those pupils who present a negative test result for the SARS-CoV-2 virus, performed in the last 24 hours. Negatively tested pupils may end the quarantine period after 7 days if in this period no symptoms of COVID-19 have been reported. For pupils who end the quarantine period after 7 days based on a negative test, daily monitoring of symptoms is mandatory until the 14th day.

If your child has **any symptoms** of acute viral respiratory disease, including temperature higher than 37.0°C, parents should not send the child to school and ask for a medical assistant.

For children who have been tested positive with Covid-19 and in case of any disease, for return to school it is mandatory to present the **medical certificate** with the 3 stamps, as a confirmation that the child can attend groups of children.

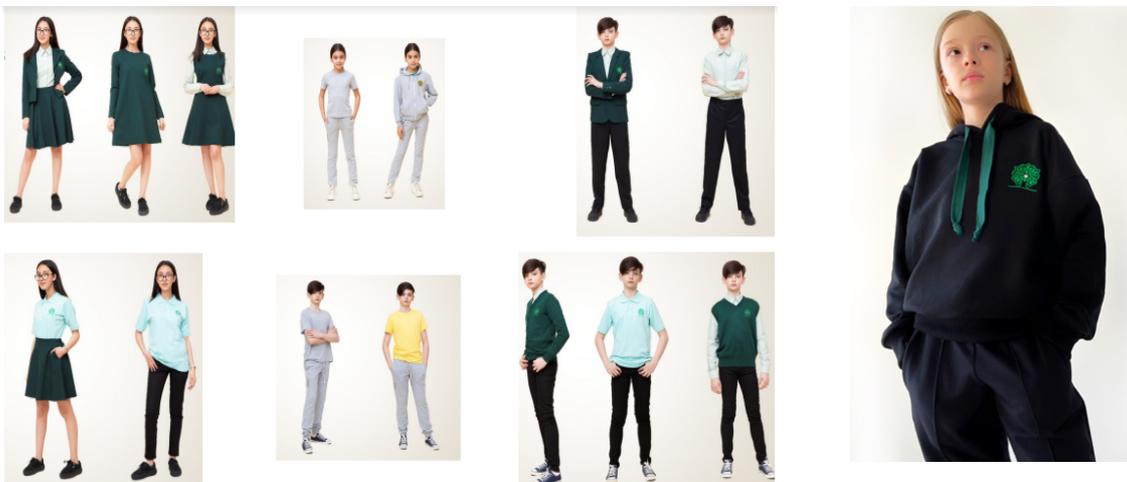
Distribution of the **entrances** for each grade is presented below



**Uniform:**

We remind you that wearing uniform is mandatory for all the students grade 1-10. Following the link below, you can find the [School Uniform Presentation](#) Lyceum students' dress code will be black and white smart casual to 'office wear'.

We would like to inform you that the **new uniform model - hoodie - is now available in the uniform store**



The Ministry of Health has approved the vaccination against coronavirus for adolescents over the age of 12 with Pfizer and Moderna products. Starting November 18, children can be vaccinated on the basis of a written application from their parents or legal guardians and in their presence. Children are not allowed to be vaccinated at mobile clinics. Parents can address their family doctor or Medpark with the prior appointment (call-center Medpark 02400040).



## *Spring/Summer Cambridge Exams Timetable 2022*

### **Primary Checkpoint**

**Exam Timetable: 11.04.2021-29.04. 2022**

Date	Syllabus/Component
Monday, April 11, 2022	English
Wednesday, April 13, 2022	Mathematics
Tuesday, April 19, 2022	Science

### **Secondary Checkpoint**

**Exam Timetable: 11.04.2021-29.04. 2022**

Date	Syllabus/Component
Tuesday, April 12, 2022	English
Thursday, April 14, 2022	English ESL (Listening)
Monday, April 18, 2022	Mathematics
Thursday, April 21, 2022	Science

## **Cambridge IGCSE**

**Exam Timetable: 27.04.2022-09.06. 2022**

Date	Syllabus/Component	Code	Duration
Tuesday, 5 April	Art & Design (Practical)	0400/02	4 h
Wednesday, 6 April	Art & Design (Practical)	0400/02	4h
Thursday 07 April 2022	English as a Second Language Paper 5 Speaking	0511/51	4h
Wednesday 27 April 2022	German (Listening – Multiple Choice)	0525/12	50m
Wednesday 27 April 2022	German	0525/42	1h
Thursday, 31 April	French/German Paper 5 Speaking	0520/03	3h
Wednesday 04 May 2022	Geography	0460/12	1h 45m
Thursday 05 May 2022	History	0470/12	2h
Thursday 05 May 2022	First Language English (Oral Endorsement)	0500/11	2h
Thursday 05 May 2022	English as a Second Language (Count-in Speaking) (Core)	0511/11	1h 30m
Thursday 05 May 2022	English as a Second Language (Count-in Speaking) (Extended)	0511/21	2h
Friday 06 May 2022	Mathematics (Core)	0580/12	1h

<b>Friday 06 May 2022</b>	<b>Mathematics (Extended)</b>	0580/22	1h 30
<b>Friday 06 May 2022</b>	<b>French (Listening – Multiple Choice)</b>	0520/11	50m
<b>Friday 06 May 2022</b>	<b>French</b>	0520/41	1h
<b>Monday 09 May 2022</b>	<b>First Language English (Oral Endorsement)</b>	0500/21	2h
<b>Monday 09 May 2022</b>	<b>English as a Second Language (Count-in Speaking) (Listening – Core)</b>	0511/31	40m
<b>Monday 09 May 2022</b>	<b>English as a Second Language (Count-in Speaking) (Listening – Extended)</b>	0511/41	50m
<b>Monday 09 May 2022</b>	<b>Mathematics (Core)</b>	0580/32	2h
<b>Monday 09 May 2022</b>	<b>Mathematics (Extended)</b>	0580/42	2h 30m
<b>Tuesday 10 May 2022</b>	<b>Co-ordinated Sciences (Double Award) (Practical)</b>	0654/51	2h
<b>Tuesday 10 May 2022</b>	<b>Co-ordinated Sciences (Double Award) (Alternative to Practical)</b>	0654/61	1h 30m
<b>Thursday 12 May 2022</b>	<b>German</b>	0525/22	1h
<b>Friday 13 May 2022</b>	<b>History</b>	0470/22	2h
<b>Friday 13 May 2022</b>	<b>French</b>	0520/21	1h
<b>Monday 16 May 2022</b>	<b>Global Perspectives</b>	0457/12	1h 15m
<b>Tuesday 17 May 2022</b>	<b>Geography</b>	0460/22	1h 30m
<b>Wednesday 18 May 2022</b>	<b>Co-ordinated Sciences (Double Award) (Core)</b>	0654/31	2h
<b>Wednesday 18 May 2022</b>	<b>Co-ordinated Sciences (Double Award) (Extended)</b>	0654/41	2h
<b>Friday 20 May 2022</b>	<b>History</b>	0470/42	1h
<b>Friday 20 May 2022</b>	<b>Business Studies</b>	0450/11	1h 30m
<b>Wednesday 25 May 2022</b>	<b>Business Studies</b>	0450/21	1h 30m W
<b>Thursday 26 May 2022</b>	<b>Geography</b>	0460/42	1h 30m
<b>Friday 27 May 2022</b>	<b>Economics</b>	0455/21	2h 15m
<b>Wednesday 08 June 2022</b>	<b>Co-ordinated Sciences (Double Award) (Multiple Choice – Core)</b>	0654/11	45m
<b>Wednesday 08 June 2022</b>	<b>Co-ordinated Sciences (Double Award) (Multiple Choice – Extended)</b>	0654/21	45m
<b>Thursday 09 June 2022</b>	<b>Economics (Multiple Choice)</b>	0455/11	45m

Submission	Syllabus/Component	Code
15.04.2022	Art & Design (Practical)	0400/02
15.04.2022	Global Perspectives	0457/02

## Cambridge AS Level

### Exam Timetable: 26 April 2022-08 June 2022

Date	Syllabus/Component	Code	Duration
Tuesday 26 April 2022	English Language	9093/11	2h 15m
Wednesday 27 April 2022	Information Technology (Practical)	9626/02	2 hours 30
Thursday 28 April 2022	English Language	9093/21	2h
Monday 4 April 2022	Art and Design (Practical)	9479/02	5h
Tuesday 5 April 2022	Art and Design (Practical)	9479/02	5h
Wednesday 6 April 2022	Art and Design (Practical)	9479/02	5h
Wednesday 04 May 2022	History	9489/12	1h 15m
Wednesday 04 May 2022	Business	9609/12	1h 15m
Thursday 05 May 2022	Geography (Core)	9696/11	1h 30m
Thursday 05 May 2022	Mathematics (Pure Mathematics 1)	9709/12	1h 50m
Thursday 05 May 2022	Physics (Practical – Advanced)	9702/31	2h
Friday 06 May 2022	History	9489/22	1h 45m
Friday 06 May 2022	Information Technology	9626/12	1h 45m
Friday 06 May 2022	Computer Science	9618/12	1h 30m
Monday 09 May 2022	Geography (Core)	9696/21	1h 30m
Monday 09 May 2022	Chemistry	9701/21	1h 15m
Tuesday 10 May 2022	Business	9609/22	1h 30m
Tuesday 10 May 2022	Sociology	9699/12	1h 30m
Wednesday 11 May 2022	Mathematics (Probability @Statistics 1)	9709/52	1h 15m
Wednesday 11 May 2022	Biology	9700/21	1h 15m
Thursday 12 May 2022	Economics	9708/21	1h 30m
Tuesday 17 May 2022	Chemistry (Practical – Advanced)	9701/31	2h
Thursday 19 May 2022	Computer Science	9618/22	2h
Thursday 19 May 2022	Sociology	9699/22	1h 30m
Thursday 19 May 2022	Physics	9702/21	1h 15m

Monday 23 May 2022	Travel and Tourism	9395/12	2h 30m
Tuesday 24 May 2022	Biology (Practical – Advanced)	9700/31	2h
Wednesday 25 May 2022	Law	9084/11	1h 30m
Thursday 26 May 2022	Physics (Practical – Advanced)	9702/32	2h
Friday 27 May 2022	Law	9084/21	1h 30m
Tuesday 31 May 2022	Chemistry (Practical – Advanced)	9701/32	2h
Thursday 02 June 2022	Biology (Practical – Advanced)	9700/32	2h
Monday 06 June 2022	Economics (Multiple Choice)	9708/11	1h
Tuesday 07 June 2022	Chemistry (Multiple Choice)	9701/11	1h 15m
Wednesday 08 June 2022	Physics (Multiple Choice)	9702/11	1h 15m
Thursday 09 June 2022	Biology (Multiple Choice)	9700/11	1h 15m

Submission	Syllabus/Component	Code
15/04/2022	Art and Design (Practical)	9479/02

## Cambridge Pathway

A clear path for educational success from age 5 to 19

Cambridge Primary

5 to 11 years old\*

- English (1st and 2nd language)
- Mathematics
- Science
- ICT
- Cambridge Global Perspectives

Cambridge Lower Secondary

11 to 14 years old\*

- English (1st and 2nd language)
- Mathematics
- Science
- ICT
- Cambridge Global Perspectives

Cambridge Upper Secondary

14 to 16 years old\*

A wide choice of subjects at:

- Cambridge IGCSE® (70+ subjects)
- Cambridge O Level (40+ subjects)

Cambridge ICE Certificate

Cambridge Advanced

16 to 19 years old\*

A wide choice of subjects at:

- Cambridge International AS & A Level (55+ subjects)
- Cambridge Pre-U (20+ subjects)

Cambridge AICE Diploma

Cambridge Professional Development for teachers and school leaders

\*Age ranges are for guidance only

Learn • Discover • Achieve








# Happier January 2022

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Find three things to look forward to this year	2 Make time today to do something kind for yourself	3 Do a kind act for someone else to help brighten their day	4 Write a list of things you feel grateful for and why	5 Look for the good in others and notice their strengths	6 Take five minutes to sit still and just breathe	7 Learn something new and share it with others
8 Say positive things to the people you meet today	9 Get moving. Do something active (ideally outdoors)	10 Thank someone you're grateful to and tell them why	11 Switch off all your tech at least an hour before bedtime	12 Connect with someone near you - share a smile or chat	13 Take a different route today and see what you notice	14 Eat healthy food which really nourishes you today
15 Get outside and notice five things that are beautiful	16 Contribute positively to your local community	17 Be gentle with yourself when you make mistakes	18 Get back in contact with an old friend	19 Focus on what's good, even if today feels tough	20 Go to bed in good time and allow yourself to recharge	21 Try out something new to get out of your comfort zone
22 Plan something fun and invite others to join you	23 Put away digital devices and focus on being in the moment	24 Take a small step towards an important goal	25 Decide to lift people up rather than put them down	26 Choose one of your strengths and find a way to use it today	27 Challenge your negative thoughts and look for the upside	28 Ask other people about things they've enjoyed recently
29 Say hello to a neighbour and get to know them better	30 See how many people you can smile at today	31 Write down your hopes or plans for the future				

**ACTION FOR HAPPINESS**

**Happier · Kinder · Together**

## UPCOMING EVENTS

17 <sup>th</sup> -21 <sup>st</sup> January 2022	Arts Week
27 <sup>th</sup> January 2022	Talent Hunt -Primary School
27 <sup>th</sup> January 2022	Holocaust Remembrance Day
28 <sup>th</sup> January 2022	Talent Hunt -Secondary School
8 <sup>th</sup> February 2022	Safer Internet Day

## MAIN CONTACTS

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